



ISLAND COMMONS

SERVICES

- 24/7 residential care for elders requiring assistance with activities of daily living
- Level IV (7-bed) licensed Residential Care Facility where residents have private rooms and share common spaces. We offer one double room to accommodate couples
- Intergenerational social programs and year-round events at the Commons and island venues
- Chebeague Cares: A registered personal in-home care program that allows island elders to live independently in their own homes for as long as possible.
- Respite care and adult day care
- MaineCare provider

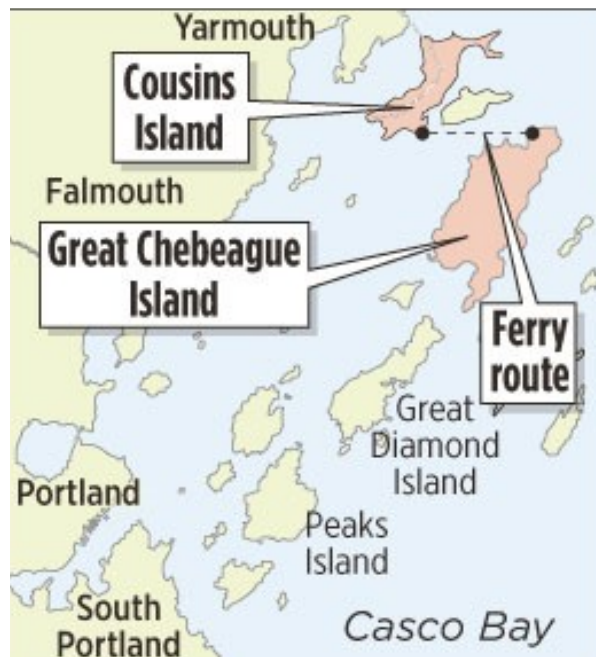
*Embracing elder independence
and choice*



**132 Littlefield Road
Chebeague Island, Maine 04017
(207)846-5610**

islandcommons.com

15 minutes by ferry from Yarmouth, Maine



ISLAND COMMONS

ABOUT US

The Island Commons, located on Chebeague Island in scenic Casco Bay, is a unique assisted-living home with warm, sun-filled spaces, family-style dining and cozy residential rooms. The converted farmhouse is in the center of a lively, close-knit and inviting community that celebrates its elders.

The Commons was founded more than two decades ago to enable elderly islanders to remain close to home, in the community they know and love. Over the years, more than 100 elders have lived at the Commons. While many are life-long islanders, the Commons also welcomes residents from elsewhere into our family.

Island Commons operates on an “age in place” model that allows residents to move in at an assisted-living level and, when possible, to remain through hospice care.

Our team of 23 caregivers guarantees round-the-clock professional supervision and attentive, personalized care.



A TRADITION OF CARING

More than 20 years ago, the Island Commons was born out of a commitment to providing comfort and care. A handful of Chebeague Islanders recognized the need for a safe, home-like environment for those no longer able to live independently. They worked diligently to create just such a place. Since welcoming our first resident in 1999, Island Commons has served the community. We are proud that we are now regarded as a leader in eldercare in Maine.

Families whose loved ones have been cared for at the Commons are effusive in their gratitude. “When the Commons came into being it was one of the best things that ever happened to Chebeague,” said the son of a life-long islander who was able to continue living close to three generations of her family and network of friends thanks to the Commons.

As the reputation of the Commons has grown beyond Chebeague, others have discovered the warmth, charm and professional level of care available. They have seamlessly moved to the Commons and the close-knit, vibrant island community, where they are immediately drawn into daily life.

For over two decades, the Commons has been dedicated to providing compassionate care for all who need it. We look forward to continuing this valued service for many years to come.

ISLAND LIFE

Chebeague is the largest unbridged island in Casco Bay. The island is served by two year-round ferry companies. Chebeague Transportation Company provides frequent, direct service from Yarmouth, a 15-minute trip.

Casco Bay Lines also provides ferry transportation via Portland. A seasonal water-taxi is available. Emergency medical transport to the mainland is available 24/7.

The Island Commons is embraced by the Chebeague community. Children from the Chebeague Island School are frequent visitors, and Commons residents occasionally travel to the school for lunch or special events. A full roster of activities—plays, concerts, potluck suppers, religious services, poetry readings, guest lectures—fill the calendar. Friends and family are welcome to drop in, and during the year the Commons hosts several popular celebrations that attract islanders of all ages to socialize with residents.

