



In-Home Care Services:

- * Light housekeeping *
- * Laundry *
- * Meal preparation *
- * Rise and shine visits *
- * Medication reminders *
- * Island and mainland transportation *
- * Companionship *
- * Island and mainland shopping and errands *
- * Personal care *
- * Use of Island Commons shower facilities *



*Proudly serving the Casco Bay Islands
and Greater Yarmouth*



navigator@islandcommons.com

132 Littlefield Road
Chebeague Island, ME 04017
207-846-5610



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~ Chebeague Cares is fully insured and bonded ~

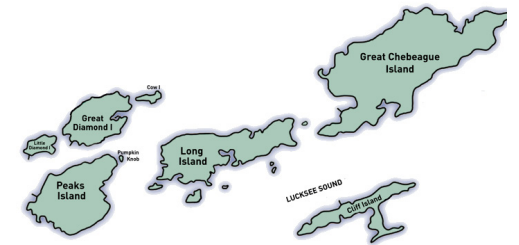
The Island Commons Resource Center
is a 501(c) (3) charitable organization.

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**A COMMUNITY HOME-CARE PROGRAM
OF THE ISLAND COMMONS RESOURCE CENTER**

Chebeague Cares is registered and licensed with
the State of Maine as a Personal Care Agency.



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www.islandcommons.com
207-846-5610



We'll help you remain in your home — in comfort and safety.

Chebeague Cares



Chebeague Cares enables elders to continue living in their own homes by providing assistance with daily activities such as preparing meals, light housekeeping, laundry, medication reminders and personal care.

Our caregivers also offer companionship, chaperone to medical appointments, respite for family caregivers and short-term care during recovery.

Chebeague Cares is administered by Island Commons, which has provided assisted living on Chebeague Island since 1998.

Caregivers are experienced and have successfully completed the Maine Personal Support Specialist training that qualifies them to provide home care to elders.



If you or a loved one would benefit from in-home support services, please contact:

Island Commons Resource Center
(207) 846-5610

For questions email:
navigator@islandcommons.com

www.islandcommons.com



Q: Who will deliver the in-home care services?

A: Island Commons skilled staff will deliver the care. Caregivers will be matched with clients on the basis of need as well as personal interaction.

Q: Is financial assistance available for Chebeague Cares services?

A: Home care services may be covered by long-term care insurance. Financial assistance is available based on eligibility.

Q: Who is eligible for Chebeague Cares services?

A: Chebeague Cares services are open to year-round residents and summer visitors based on an assessment to determine the level of care and staffing ability.

